

Wendy Malmid
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September 02, 1999

FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, Maryland 20857

Dear Commissioner Henney:

I am writing to you regarding the concern I have for a serious nutritional problem that is gripping this country. The consumption of added sugar has jumped 25% since 1984 squeezing healthy foods out of the diet. People who consume diets high in added sugar get lower levels of fiber, calcium iron and other important vitamins and minerals.

I believe it would be a valuable tool to set a maximum recommended daily intake for sugar and that Daily Value should be set at 40 Grams. I believe it would be a great help to consumers to be able to read food labels that disclose how much added sugar is in each serving of the food.

With this in mind I urge the FDA to establish a Daily Reference Value for added sugar of 40 Grams and to require labels to disclose how much added sugar a food contains.

I look forward to a response to this letter and your thoughts on the matter.

Sincerely,

Wendy Malmid R.N.

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EXECUTIVE

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Bird of Paradise

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